

Soraia Haberli - Chef

slualuar@gmail.com

203-561 5164

Education

Natural Gourmet Cookery School, New York, NY - Chef's Training Program

Cornell University, New York, NY - Expanded Food and Nutrition Program

Special Skills:

- Expertise in Health Supportive and Nutritional Cuisine including Low-fat, Spa, Vegan, Raw Food, Gluten Free and Vegetarian foods.
- Skilled in preparing many ethnic cuisines such as Asian, Brazilian, Indian, Mexican and Mediterranean in addition to traditional American fare.

Professional Experience:

Executive Chef/owner at Natural Valley Kitchen Jeffersonville - NY 2014 - Present

Natural Valley Kitchen is a food company focusing on provide highest level of wholesome, nutritious and tasty products, designed to fit in with today's movement toward healthy living.

Private Chef

Greenwich, CT	2009 - 2013
Rye, NY	Spring/Summer 2009
Greenwich, CT	2005 - 2008
New York, NY	2000 - 2004
Colorado Springs, CO	1998 - 1999
New York City, NY	1987 - 1997

Responsibilities include:

- Construction of daily and / or weekly menus to meet clients' specific needs.
- Preparation of daily meals that ensure flavor and nutritional values.
- Manage catering staff for all onsite events.
- Daily purchasing of fresh, organic, gourmet ingredients.
- Monitoring the inventory of pantry contents and kitchen equipment.
- Maintaining a high standard of cleanliness in the work area.
- Setting and controlling budgets.

Additional Experience, Affiliations and Skills:

Chef Instructor

Chef instructor at Waverly, Greenwich, CT	Present
Home Chef Instructor in Greenwich, CT	2004 - Present
The Little Kitchen at the Broadmoor Hotel, Colorado Springs, CO	1998 - 1999
Colorado Springs Dietetic Association, Colorado Springs CO	1998 - 1999

Chef Per Diem

Procure your groceries, prepare your meals, store them for you to enjoy at your leisure.
Customized menus, featuring a variety of healthy dishes using the finest gourmet ingredients.

Catering

Catered business and private family Affair throughout the New York Metropolitan Area and Colorado Springs, CO

Affiliations : Alumni Association, Natural Gourmet Cookery School

Fluent in Portuguese and English

